

# 2024 Schedule

Effective from January 2024

Master KJ info@fairfieldtkd.com or Jennifer Meagher jennifer4wctffld@gmail.com or text (203)319-1333

	Monday	Tuesday	Wednesday	Thursday	Friday
Adult	9:00am ~ 9:45am		9:00am ~ 9:45am		
Private Lesson	Private Lesson in person available on-site				
After School Taekwondo Program	Assumption Catholic School, St Catherin School(Trumbull), Hunt Ridge Montessori Insports(Trumbull), CCDC(Westport), A Child's Place(Westport), Holland Hill, Mill Hill, Ask your school PTA for Taekwondo as after School Program!!				
All Pee wee (3 and 4 yrs)		2:30pm ~ 3:10pm (3 and 4 yrs)			
Level 1	5:00 pm ~ 5:40 pm	4:10pm ~ 4:50pm	5:00 pm ~ 5:40 pm	4:10pm ~ 4:50pm	
Level 2	4:10 pm ~ 4:50 pm basic gear	5:00 pm ~ 5:40 pm	4:10 pm ~ 4:50 pm	5:00 pm ~ 5:40 pm basic gear	
Level 3	5:50 pm ~ 6:30 pm	5:45pm ~ 6:25pm		5:40pm ~ 6:20pm	4:10pm ~ 4:50pm
Level 4	5:50 pm ~ 6:30 pm	5:45pm ~ 6:25pm	5:50pm ~ 6:30pm	5:40pm ~ 6:20pm	4:10pm ~ 4:50pm
Level 5 and 6	7:00pm~7:45pm basic gear		5:50pm ~ 6:30pm		4:10pm ~ 4:50pm
All BBC (Black Belt Preparation Class)			BBC FULL SPARRING All Level 6:30pm ~ 7:25pm	BBC FULL SPARRING All Level 6:20 pm ~ 7:15 pm	BBC FULL SPARRING All Belts 4:50pm ~5:45 pm
Sparring Team only					
Private Lesson	Contact Ms. Jennifer to schedule Private Lesson with Masters				
Junior/Adult All Level	7:00pm~7:40pm basic gear	6:25pm~7:10pm	7:25pm~8:05pm	7:15pm~ 7:55pm	
Elite(60min)	5:30pm~6:30pm (come early as 5:00pm)	7:00pm~8:00pm		BBC FULL SPARRING Junior/Adult 7:55 pm~8:50pm	6:15pm~7:15pm
Tricking	6:30pm~7:00pm				5:45pm~6:15pm
Poomsae		7:00pm~9:00pm			6:15pm~8:15pm
United Poomsae Team Training	Saturday 9am~noon Jan 13,27 Feb 10,24 March 9,23 April 6,20 May 4,25 June 1,15 July 13 Aug 10 Sep 7,21 Oct 5,19 Nov 9,23 Dec 7,14				

Level 2 and up, bring Basic Sparring Gear!! on Monday/Thursday

BBC(Black Belt Club) is mandatory for Level 3 and up

FULL SPARRING is back: Mandatory for all BBC and All Black Belt Test